

Houtkapper Trail Run 2023 Results

27KM

Position	Race Number	First Name	Last Name	Gender	Club Name	Age Category	Time
1	17	Lloyd	Bosman	male	Nedbank Running Club SWD	35-39	02:05:49
2	39	Kevin	Evans	male	Temp	40-49	02:22:09
3	57	Gwyn	Lewis	male	Temp	Open	02:22:58
4	111	Johnny	Wolf	male	Temp	35-39	02:38:00
5	45	Rico	Groenewald	male	Outeniqua Harriers	40-49	02:46:09
6	61	Kobus	Marais	male	Outeniqua Harriers	Open	02:48:09
7	21	Ruan Philip	Brits	male	Temp	40-49	02:48:41
8	16	Marius	Boshoff	male	Temp	40-49	02:49:11
9	96	Mellusca	Toovey	female	Outeniqua Harriers	Open	02:52:07
10	54	Lodelia	Kombrink	female	Temp	35-39	02:54:11
11	11	Sveta	Becker	female	Temp	35-39	02:55:30
12	102	Tyrone	van Rooyen	male	Temp	40-49	02:56:22
13	79	Duncan	Rennie	male	Temp	35-39	03:05:07
14	14	Mike	Biesheuvel	male	Temp	60+	03:06:05
15	51	Niel	Kitching	male	Hartenbos Drawwers	Open	03:06:21
16	68	Mario	Mons	male	Temp	35-39	03:07:41
17	58	Mike	Lotter	male	Temp	Open	03:07:42
18	69	JD	Neethling	male	Temp	Open	03:07:55
19	65	SEAN	MILLAR	male	Temp	Open	03:08:42
20	83	Rory	Sandberg	male	Temp	Open	03:09:04
21	87	Marianna	Smit	female	Temp	40-49	03:13:44
22	95	Tim	Toovey	male	Outeniqua Harriers	35-39	03:18:39
23	49	Ryan	Kidwell	male	Temp	40-49	03:19:30
24	99	Gordon	Van der Vlies	male	Temp	Open	03:22:01
25	92	Dewald	Sypkens	male	Outeniqua Harriers	Open	03:23:31

26	76	Tanielle	Powter	female	Temp	35-39	03:24:07
27	77	Ryan	Powter	male	Temp	35-39	03:24:07
28	74	Philip	Pieterse	male	Temp	50-59	03:24:36
29	62	Eugene	Marais	male	Cape Multisport Club Eden	50-59	03:25:42
30	13	Lynn	Biesheuvel	female	Temp	60+	03:26:39
31	105	Alda	Vermeulen	female	Temp	40-49	03:28:53
32	86	Martin	Smit	male	Temp	40-49	03:29:06
33	97	Sanja	Truter	female	Temp	Open	03:29:12
34	53	Divan	Kombrink	male	Temp	40-49	03:30:19
35	41	Grant	Flattery	male	Temp	35-39	03:30:48
36	36	ANTON	DU PREEZ	male	Temp	40-49	03:32:47
37	6	Ben	Adam	male	Temp	50-59	03:33:00
38	56	Francois	Kruger	male	Temp	40-49	03:33:01
39	89	Matty	Smith	female	Sedgefield Striders	40-49	03:35:14
40	88	Kyle	Smith	male	Temp	40-49	03:35:42
41	19	Bianca	Brent	female	Outeniqua Harriers	35-39	03:39:14
42	37	Jeanne-Marie	Eksteen	female	Temp	40-49	03:40:07
43	106	mauritz	wentzel	male	Sedgefield Striders	50-59	03:40:21
44	31	Chris	de Jager	male	Sedgefield Striders	40-49	03:41:38
45	32	Danielle	de Jager	female	Sedgefield Striders	40-49	03:41:39
46	104	joan	Van Wyngaard	female	Nedbank Running Club SWD	40-49	03:44:08
47	26	Marené	Cronje	female	Nedbank Running Club SWD	Open	03:44:30
48	112	Andre	Joubert	male	Nedbank A.C	50-59	03:44:49
49	109	Jacques	Williams	male	Outeniqua Harriers	50-59	03:47:43
50	81	Alastair	Reynolds	male	Temp	40-49	03:50:21
51	42	Edwin	Frauenstein	male	Nedbank Running Club East London	40-49	03:51:10
52	12	Izelke	Benecke	female	Temp	Open	03:55:47
53	20	Craig	Brent	male	Outeniqua Harriers	35-39	03:57:00
54	85	Gaelyn	Slabber Postma	female	Temp	35-39	03:57:50
55	101	Corne	Van Rensburg	male	Temp	40-49	04:01:32

56	107	Peter	Wiemann	male	Temp	50-59	04:02:32
57	63	Cliona	Mc Ginn	female	Temp	40-49	04:02:49
58	40	Alice	Evans	female	Temp	40-49	04:11:04
59	110	Sarah	Wilton	female	Temp	35-39	04:11:42
60	73	Natasha	Pells-Gibson	female	Temp	35-39	04:16:24
61	59	Amy	Louw	female	Temp	35-39	04:16:25
62	48	Carmen	Joseph	female	Temp	40-49	04:20:47
63	80	Jenny	Reynolds	female	Temp	40-49	04:20:47
64	18	Katharine	Bowerman	female	Temp	50-59	04:22:07
65	70	Walter	Ntuli	male	Temp	40-49	04:22:53
66	23	Izak	Coetzee	male	Temp	40-49	04:24:12
67	7	Elri	Agenbag	female	Temp	40-49	04:32:18
68	35	Debbie	Du Plessis	female	Temp	50-59	04:37:45
69	8	Kelsey	Andrews	female	Temp	Open	04:38:52
70	71	Daniel	Page	male	Temp	Open	04:38:53
71	34	Jan	Du Plessis	male	Temp	60+	04:39:14
72	91	WERNER	STRAUSS	male	Temp	40-49	04:40:57
73	46	Clinton	Hill	male	Carbineers Western Province	40-49	04:52:14
74	47	Andrew	Hollely	male	Temp	40-49	04:54:08
75	72	Pamela	Paton	female	Temp	50-59	04:54:17
76	44	Brenda	Greybe	female	Temp	50-59	04:55:41
77	22	Anine	Claasen	female	Temp	50-59	04:55:42
78	9	Maryka	Annandale	female	Temp	35-39	05:08:26
79	30	Izelda	de Jager	female	KBYPIR	40-49	05:19:47
80	43	Agnesia	Geyser	female	KBYPIR	35-39	05:19:56
81	103	Charlotte	van Wyk	female	Temp	40-49	05:30:03

15KM

1	282	Francois	Maquassa	male	Nedbank Running Club SWD	Open	01:06:23
2	245	Bernardo	Fredericks	male	Nedbank Running Club SWD	35-39	01:14:26

3	346	Nelius	Smith	male	Outeniqua Harriers	Open	01:15:04
4	357	Ryan	Swanepoel	male	Paarl AC	Junior	01:16:30
5	247	Mentz	Germishuis	male	Temp	Open	01:18:27
6	342	Gustav	Schutte	male	Temp	Junior	01:19:48
7	226	Herman	De la guerre	male	Temp	Open	01:30:25
8	256	Pieter	Hugo	male	Ceres AC	40-49	01:33:15
9	382	Morne	Veitch	male	Temp	35-39	01:35:04
10	253	Jobus Daniel (Rin	Gresse	male	Temp	35-39	01:35:08
11	264	Hermanus	Jonkerman	male	Nedbank Running Club SWD	60+	01:35:18
12	335	Albrecht	Scheepers	male	Temp	40-49	01:39:47
13	219	Marilize	Cilliers	female	Ceres AC	40-49	01:40:13
14	349	Elrick	Spiers	male	Coastline Athletics	60+	01:40:25
15	216	Nicolette	Brouwer	female	Temp	50-59	01:41:27
16	201	Adriaan	Badenhorst	male	Jeffreys Bay AC	50-59	01:41:31
17	234	Charl	du Toit	male	Temp	40-49	01:42:38
18	230	Armandt	Du Plessis	male	Temp	Open	01:43:32
19	331	Marike	Roux	female	Temp	40-49	01:46:36
20	265	Deon	Kitching	male	Temp	Open	01:49:32
21	231	WYNAND	DU PREEZ	male	Temp	50-59	01:50:13
22	283	Lyndie	Marais	female	Temp	Open	01:51:54
23	334	Charlene	Scheepers	female	Temp	Open	01:52:45
24	350	Herman	Stander	male	Temp	40-49	01:52:51
25	243	Fransonette	Flattery	female	Temp	35-39	01:52:58
26	242	Billy	Flattery	male	Temp	35-39	01:52:59
27	284	Juan	Marais	male	Temp	Open	01:53:04
28	366	Rhys	Unsworth	male	Temp	Open	01:53:15
29	244	Elna	Fourie	female	Langeberg	40-49	01:53:38
30	330	Coleen	Ross	female	Langeberg	35-39	01:53:40
31	393	Samuel	Wells	male	Temp	40-49	01:54:47
32	222	Andrea	Copland	female	Temp	Open	01:54:57

33	279	Ivana	Maarschalk	female	Temp	Open	01:56:05
34	313	Liesl	Paul	female	Temp	50-59	01:56:24
35	379	Amanda	van Zyl	female	Temp	40-49	01:58:39
36	228	Sebastian	Denison-Brown	male	Temp	Open	01:59:16
37	203	Chris	Beneka	male	Temp	50-59	01:59:31
38	278	Samantha	Lyons	female	Temp	35-39	01:59:41
39	263	Rob	Jones	male	Temp	50-59	01:59:43
40	328	Dean	Roelofse	male	Temp	Open	02:00:01
41	312	Roldah	Orrie	female	Lion of Africa Itheko S.A.C	50-59	02:00:21
42	362	Karen	Truter	female	Temp	Open	02:01:08
43	381	Charl	Van Zyl	male	Temp	Open	02:01:54
44	311	Ashraf	Orrie	male	Lion of Africa Itheko S.A.C	50-59	02:04:01
45	380	FJ	Van Zyl	male	Temp	40-49	02:04:12
46	373	Mari	van Lill	female	Temp	Open	02:05:42
47	318	Coert	Postma	male	Temp	40-49	02:06:08
48	261	Jarred	Jardine	male	Temp	Open	02:06:10
49	206	Lawrence	Boatwright	male	Temp	60+	02:06:18
50	267	Heleen	Klopper	female	Temp	Open	02:07:59
51	266	Schalk	Klopper	male	Temp	35-39	02:08:06
52	338	Mervin	Schnehage	male	Pinelands Athletic Club	40-49	02:08:07
53	229	Sonja	Douglas	female	Temp	40-49	02:08:51
54	344	Lizel	Sieberhagen	female	Temp	40-49	02:08:55
55	329	Vicky	Roos	female	Knysna Marathon Club	40-49	02:10:14
56	262	Justin	Jonas	male	Temp	60+	02:10:43
57	298	Michele	Moolman	female	Nedbank RC	35-39	02:13:25
58	361	Estelle	Towsen	female	Temp	50-59	02:14:14
59	280	Adriaan	Maarschalk	male	Temp	60+	02:16:16
60	389	Willi	von Borstel	male	Temp	50-59	02:16:51
61	390	Johanna	von Borstel	female	Temp	50-59	02:16:52
62	213	Louise	Botha	female	Temp	35-39	02:16:57

63	319	Bridget	Poynton	female	Temp	50-59	02:17:01
64	223	Manuel	da Silva	male	Temp	35-39	02:19:02
65	352	Marinda	Steyn	female	Temp	50-59	02:19:29
66	351	Magda	Stander	female	Temp	40-49	02:19:30
67	274	Eben	Lotter	male	Temp	60+	02:20:24
68	310	Juanita	Olivier	female	Outeniqua Harriers	50-59	02:20:35
69	295	Nadine	Monk	female	Temp	50-59	02:20:50
70	272	Sandra	Lennox	female	Nedbank Running Club	50-59	02:21:02
71	368	Elsa	van der Merwe	female	Langeberg Athletics Club	40-49	02:21:14
72	337	christopher	schnehage	male	Pinelands Athletic Club	60+	02:21:22
73	384	Marissa	Viljoen	female	Temp	Open	02:21:33
74	371	Lourens	Van Der Schoor	male	Temp	Open	02:21:34
75	271	Louise	Leggat	female	Temp	50-59	02:22:04
76	387	Jane	Vincent	female	Temp	40-49	02:22:08
77	386	Mike	Vincent	male	Temp	50-59	02:22:28
78	316	Christelle	Pienaar	female	Temp	35-39	02:22:47
79	227	Jeanine	De Ridder	female	Temp	Open	02:23:22
80	299	Hans -Willem	Moolman	male	Temp	Open	02:23:24
81	212	Nicolette	Botha	female	Iron Jawed Multi Sport	40-49	02:24:19
82	301	Melinda	Morkel	female	Temp	50-59	02:24:25
83	255	Joleen	Heyns	female	Hartenbos Drawwers	Open	02:25:49
84	345	Chris	Slabbert	male	Temp	Open	02:25:52
85	325	Anna	Putter	female	Hartenbos Drawwers	Open	02:25:54
86	288	Natalie	Mels	female	Body Concept RW	Open	02:25:55
87	360	Stacey	Timms	female	Temp	Open	02:26:39
88	365	Carynn	Underhill	female	Temp	40-49	02:28:36
89	392	MELANIE	WARBURG	female	Temp	40-49	02:28:40
90	391	Marlize	Vorster	female	Nedbank Running Club SWD	Open	02:31:07
91	202	Evangeline	Barnardo	female	Nedbank Running Club SWD	50-59	02:31:22
92	289	Cornel	Meyer	female	Temp	Open	02:31:34

93	224	Delanie	De Jong	female	Temp	50-59	02:32:19
94	364	Belinda	Tull	female	Sedgefield Striders	50-59	02:32:39
95	317	Elrika	Pieterse	female	Temp	40-49	02:33:14
96	277	Nadia	Lucouw	female	Nedbank Running Club East London	Open	02:34:58
97	238	Glaudine	Eksteen	female	Temp	40-49	02:35:15
98	388	Marelize	Viviers	female	RWFL	40-49	02:35:29
99	367	Sona	Uys	female	RWFL	50-59	02:35:29
100	294	Kim	Mitchell	female	Nedbank Running Club SWD	40-49	02:36:02
101	383	Margaret	Verdoucq	female	Temp	50-59	02:36:27
102	347	Yvette	Smuts	female	Temp	40-49	02:37:55
103	214	Juanita	Boucher	female	Temp	50-59	02:40:38
104	215	Ruan	Boucher	male	Temp	50-59	02:40:39
105	332	Sandy	Rubin	female	Temp	40-49	02:41:13
106	326	Zaniel	Richards	male	Temp	Open	02:41:13
107	248	JACKIE	GOOSEN	female	Durbanville Athletic Club	60+	02:42:49
108	300	Marietha	Moolman	female	Temp	50-59	02:43:49
109	254	Alan	Hearn	male	Temp	Open	02:46:30
110	249	Charl	Gouws	male	Temp	50-59	02:48:32
111	237	Esme	Ehrke	female	East London Pacers	60+	02:50:07
112	293	Tracy	Millar	female	Temp	50-59	02:50:31
113	323	Lesley	Price	female	Temp	50-59	02:53:03
114	324	Kevin	Price	male	Temp	50-59	02:53:11
115	375	Riaan	Van Reenen	male	Temp	50-59	02:53:55
116	358	Michelle	Teti	female	Temp	40-49	02:55:41
117	333	Enid Schatz	Schatz	female	Temp	50-59	02:55:41
118	225	Tania	De Jongh	female	Temp	Open	02:57:58
119	308	Maroshell	Odendaal	female	Temp	60+	02:58:01
120	240	Renette	Ferreira	female	Temp	60+	02:58:03
121	211	Stefni	Botha	female	Temp	35-39	02:58:04
122	232	Janette	Du Randt	female	East London Pacers	50-59	02:59:52

123	236	Louis	Ehrke	male	East London Pacers	60+	02:59:53
124	363	Anlerie	Truter	female	Temp	60+	03:03:07
125	241	Sabrina	Fielies	female	Pinelands Athletic Club	50-59	03:05:24
126	374	Annemie	Van Reenen	female	Temp	50-59	03:05:54
127	385	Alida	Viljoen	female	Temp	Open	03:06:33
128	276	Elfrieda	Loubser	female	Temp	40-49	03:06:34
129	258	Anthony	Jacobs	male	Temp	60+	03:08:31
130	259	Alfreda	Jacobs	female	Spartan Harriers	40-49	03:09:57
131	322	Barbara	Pretorius	female	Temp	50-59	03:21:50
132	287	ELIZABETH	MEINERT	female	Temp	50-59	03:24:14
133	285	Sandra	Martin	female	Temp	50-59	03:29:24
134	239	Mariette	Ferreira	female	Temp	60+	03:31:30

9KM

Position	Race Number	First Name	Last Name	Gender	Club Name	Age Category	Time
1	586	Selwyn	Matthews	male	Nedbank Running Club SWD	Open	00:38:38
2	624	Nicholas	Swanepoel	male	Paarl AC	Junior	00:51:23
3	654	Cameron	McCall	male	Temp	Junior	00:52:02
4	601	Yashin	Raghavjee	male	Century City Athletic Club	40-49	00:52:36
5	531	Madelé	Du Plessis	female	Nedbank A.C	35-39	00:52:48
6	572	Tomas John	Lopes	male	Temp	Junior	00:58:11
7	548	Darren	Hartley	male	Temp	40-49	00:58:33
8	574	Tarik	Mallem	male	Temp	35-39	01:00:03
9	558	Bruce	Kaiser	male	Temp	Open	01:00:25
10	550	Paula	Hill	female	Temp	Open	01:00:36
11	530	Sannette	De Waal	female	Nedbank Running Club SWD	50-59	01:00:41
12	616	James	Smith	male	Temp	50-59	01:01:45
13	522	Leonie	Cooper	female	Temp	50-59	01:03:57
14	629	Luke Charles	van As	male	Temp	Open	01:03:58
15	533	Debbie	du Toit	female	Temp	Open	01:05:36

16	615	Juan	Smith	male	Temp	40-49	01:05:37
17	621	MALCOLM	STOTHARD	male	Dabulamanzi Canoe Club	50-59	01:06:48
18	514	Rose	Clark	female	Temp	50-59	01:07:14
19	612	Susie	Slabbert	female	Temp	40-49	01:07:56
20	517	gordon	cook	male	Temp	50-59	01:08:29
21	512	Debra	Carter	female	Temp	35-39	01:09:26
22	509	Nidene	Boshoff	female	Temp	35-39	01:09:40
23	645	Jean-Gabriël	Vermeulen	male	Temp	Junior	01:12:15
24	641	Tanya	VD Westhuizen	female	Temp	40-49	01:13:22
25	610	Chris	Schutte	male	Temp	40-49	01:13:56
26	561	Benjamin	Knights	male	Temp	40-49	01:14:09
27	523	Gavin	Cooper	male	Temp	40-49	01:14:21
28	510	Saskia	Breed	female	Temp	Open	01:15:47
29	581	Thamar	Martin	female	Temp	35-39	01:16:26
30	582	Michael	Martin	male	Temp	35-39	01:16:39
31	501	Candice	Barnard	female	Temp	40-49	01:16:53
32	633	Lauren	van Halderen	female	Temp	40-49	01:16:55
33	542	Gemma	Gelling	female	Temp	Open	01:19:19
34	528	Kim	de Boer	female	Temp	50-59	01:21:35
35	549	Jamie Ann	Hattingh	female	Temp	Open	01:21:36
36	614	George	Smit	male	Nedbank Running Club SWD	40-49	01:22:16
37	500	Liesel	Badenhorst	female	Temp	40-49	01:22:50
38	503	Janine	Bewsey	female	Temp	50-59	01:23:31
39	504	Richard	Bewsey	male	Temp	50-59	01:23:32
40	568	Luana	Landman	female	Temp	35-39	01:24:04
41	639	Reneira	van Woerkom	female	Temp	50-59	01:25:29
42	580	Serett	Maree	male	Temp	60+	01:27:44
43	552	Julie	Hodgson	female	Temp	40-49	01:28:50
44	553	Evie	Hodgson	female	Temp	Junior	01:28:51
45	546	Meghan	Hall	female	Temp	Open	01:29:10

46	611	Asiphe	Sisu	female	RCS Gugulethu A.C	Open	01:30:31
47	648	Caron	Watson	female	Temp	50-59	01:31:57
48	583	Peter	Masschelein	male	Temp	40-49	01:32:29
49	584	Niels	Masschelein	male	Temp	Junior	01:32:34
50	585	Vince	Masschelein	male	Temp	Junior	01:32:37
51	573	Nele	Maelstaf	female	Temp	40-49	01:32:38
52	618	Jackie	snyman	female	Team Vitality SWD	40-49	01:32:56
53	598	Kathryn	Petrie	female	Spartan Harriers	40-49	01:33:07
54	579	Kim	Marais	female	Temp	40-49	01:33:37
55	595	Colleen	Nel	female	Temp	50-59	01:34:19
56	644	Jacques	Vermeulen	male	Meyerton Athletics Club	50-59	01:34:53
57	587	Gerda	McLachlan	female	Meyerton Athletics Club	40-49	01:34:56
58	642	JG	vd Westhuizen	male	Temp	40-49	01:36:52
59	570	Troy	Lewis	male	Temp	40-49	01:37:16
60	536	Kay	Farrand	female	Temp	Open	01:38:27
61	537	Elvira	Fausten	female	Temp	50-59	01:38:34
62	632	Catherine	van Deventer	female	Temp	40-49	01:40:03
63	608	NICHOLA	Schreuder	female	Temp	40-49	01:40:16
64	651	Bronwyn	Whitticom	female	Temp	35-39	01:40:16
65	631	Sonja	AN DER WESTHUIZE	female	Temp	50-59	01:41:54
66	627	Andre	Treurnich	male	Temp	60+	01:42:02
67	554	Marisa	Janse van Vuuren	female	Temp	40-49	01:43:08
68	520	rebecca	cook	female	Temp	Junior	01:43:18
69	521	danielle	cook	female	Temp	Junior	01:43:19
70	602	Andre	Rautenbach	male	Temp	50-59	01:45:51
71	556	Dawn	Jones	female	Temp	50-59	01:47:42
72	597	Marian	Oliver	female	Temp	50-59	01:47:43
73	565	Dawid	Kriel	male	Temp	50-59	01:48:29
74	566	Mariè	Kriel	female	Temp	50-59	01:48:30
75	596	Nomaphelo	Ngaye	female	RCS Gugulethu A.C	Open	01:50:23

76	543	MICHAEL	GOOSEN	male	Temp	60+	01:52:18
77	617	Angelina	Smith	female	Temp	50-59	01:52:26
78	637	La'Vonne	Van Rensburg	female	Temp	40-49	01:56:01
79	638	Gerhard	Van Rensburg	male	Temp	50-59	01:56:04
80	634	Erene	van Heerden	female	Temp	Open	01:57:46
81	646	Elizabeth	Vertue	female	Temp	40-49	01:58:56
82	647	Anthony	Vertue	male	Temp	40-49	01:59:05
83	613	Robin	Smaill	male	Temp	60+	02:04:56
84	557	Johanna	Jooste	female	Nedbank Running Club SWD	60+	02:08:44
85	571	Geraldine	Loftie-Eaton	female	Nedbank Running Club SWD	60+	02:08:46
86	600	Lynda	Rademeyer	female	Temp	50-59	02:14:20
87	650	Ashley	Weir	female	Temp	Open	02:14:43